

You are invited to the:

13th Annual



Youth Led, **Youth** Focused
Food Justice Conference!!!

July 27 - 31, 2011

in

Philadelphia, Pennsylvania

Rooted in Community (RIC)

is a national grassroots network that empowers young people to take leadership in their own communities.

Root into the network!:

--- www.rootedincommunity.org ---

<https://lists.riseup.net/www/info/ric>

Facebook: Rooted in Community

“Rooted in the Movement”

RIC 2011 – Philly

Educate-Activate-Change

History 101: What is RIC? The Rooted In Community (RIC) National Network is a national grassroots network that empowers young people to take leadership in their own communities. We are a diverse movement of youth and adults working together and committed to fostering healthy communities and food justice through urban and rural agriculture, community gardening, food sovereignty, and related environmental justice work.

RIC has evolved into a network of groups seeking (1) to increase their knowledge and skills for doing this work; (2) to increase public awareness of this work and (3) most importantly, to foster and promote leadership in young people working in their own communities.

Over 75 organizations from around the U.S. have participated in the RIC national network since its founding in 1998. RIC has strengthened the leadership skills of hundreds of youth and adult community organizers by co-sponsoring intensive national trainings, action days, and networking opportunities.

Why Philly?

This year's conference returns to Philadelphia, a buzzing center of food justice activity. Although Philadelphia is known for its historical sites, it has also been highlighted as the home to many innovative nutrition, urban agriculture, and food sovereignty projects. Through the creative collaboration of adult and youth leaders from the Philadelphia Food Justice community and the host organization, the Urban Nutrition Initiative (UNI), this year's conference will be packed with a diversity of rich activity.

What to get **excited** about?

- Field trips to local youth gardens and food sovereignty projects
- Youth-led workshops
- Sharing meals
- Building towards a Food Justice day of Action
- Bringing home regional connections and movement building skills
- Staying in dorms at the University of Pennsylvania
- Amazingly fun Phil-activities!
- Making friends, growing together and creating wonderful memories!

On behalf of the RIC Advisory Council, **we invite** your dedicated youth and a supervisor to contribute your energy, experience, creativity to RIC PHILLY 2011! In an effort to keep the conference youth-led/youth- focused, and to offer this opportunity to a diverse number of groups from around the nation, we request that you register no more than four youth and one adult from each organization.

RIC TENTATIVE 5 DAY SCHEDULE: PHILLY 2011

	WED. 27 th <small>"Preparing the Ground"</small>	THURS 28 th : EDUCATE <small>"Planting the Seed"</small>	FRI. 29 th : ACTIVATE <small>"The Plant is Growing, Moving and Shaking"</small>	SAT. 30 th : CHANGE <small>"Share the Harvest"</small>	SUN. 31 st <small>"Spread the Seed"</small>
Morning Exercise		Yoga, Basic Training, Run/Walk	Yoga, Basic Training, Run/Walk	Yoga, Basic Training	7:00 Wake Up: Reflection Circle
B-Fast		7-8 am Breakfast	8-9 Breakfast	8-9 am Breakfast	8-9 Breakfast
AM Session		8 - RIC FAMILY MORNING MEETING 9 - 12 - Philly Food Justice Exposure Field Trips <ul style="list-style-type: none"> • Structured Conversations at Sites 	9-12 Youth led Meeting: Dignity Dialogs: Creation of Food Bill of Rights Adult Break Out Session: Challenges and best practices we face in our work	9 : Prepare for Action	9: Closing Ceremony Activity <ul style="list-style-type: none"> • Slide Show • Regional Talk • Sustaining 12:00 pm Hugging and crying : saying good bye
Lunch		12- LUNCH	12-LUNCH	12-LUNCH	
PM Session	2:00-6:00 Afternoon arrival & registration 3:00-6:00: Philactivities (Optional): Walking Tour of Penn Campus (Youth Led), Take El downtown to Reading Terminal (Scavenger Hunt) and/or Liberty Bell,	1:00: Student led workshops <i>What are Food Injustices? Other...</i> 2:45: Student-led workshops: <i>History of Community Organizing or Other...</i> 4:15: Reflection Time with Home group (RIC JOURNAL) / Free Time: PHILACTIVITIES! <ul style="list-style-type: none"> • Ultimate Frisbee, Volleyball, Climbing Wall, Trip to Reading Terminal (SCAVENGER HUNT!!), Clark Park Farmers Market, Open Art room: Chess, Cards and Board Game 	1-4:30: Media Focused Workshops Expressing Voice of Food Bill of Rights! <ul style="list-style-type: none"> • Music, Puppets, theater, Dance, Poetry, Social Networking...etc 4:30: Free Time: PHILACTIVITIES! <ul style="list-style-type: none"> • Trip to Liberty Bell, Creation Station is open, Run Rocky Steps, Improv Workshop, Extension of Art and Media workshops 	1:00 - Go to Action: TBA 4:15: Free Time: PHILACTIVITIES! Trip to Liberty Bell, Creation Station is open, Run Rocky Steps, Improv Workshop, Extension of Art and Media workshops	
Dinner	6:00-7:30	6:00-7:30 pm	6:30-8:00 pm : COMMUNITY POTLUCK	6:30-8:00 pm	
Evening Session	8:00-10:00 Opening Ceremony 10:00 Adult breakout session	8:00-10:00 pm: Movie Night/Story Telling/ Cooking Comedy Show	8:00-10:00 Talent Show 10:00: Adult Break out Session II: Social Time	8:00: Dance Party: Celebrate the Action 11:00 Head to Dorms	

Rooted in Community

2011 National Conference

July 27th – July 31st, 2011

Philadelphia, PA

Code of Conduct Procedures

Goal: *To create a safe space where participants will be able to participate and share themselves fully in the hopes of creating lasting positive social change in the food systems movement.*

Before Conference

- Organizations will receive this registration packet, which outlines the guidelines everyone is expected to follow during RIC. Contracts must be signed and submitted before the beginning of the conference. You may bring these documents with you when you arrive, but we encourage you to fill out and mail/fax these documents as soon as possible – this helps our staff make sure everyone’s paperwork is in order.
- Staff and supervisors representing youth from each organization will be required to participate in a conference call (approximately 1 hour in length) outlining and explaining the guidelines that everyone will be expected to follow during RIC. There will also be a half hour allotment of time to ask questions or voice concerns from participants for those who wish to do so. If changes are to be made for any of these Conference Policies, the RIC planning council will do so after the conference call and follow up with email to update everyone on new changes prior to attending RIC. This conference call is scheduled for **Friday, June 24th from 2:30-3:30 pm EST**. We will send information about the call-in number as the date approaches.

During Conference

- Please see attached document for the list of the guidelines that everyone is expected to follow during RIC.
- There will be a designated Committee of youth and adults that will ensure that these policies are followed for the duration of this conference. In your welcome packet that you will receive when you check in, a list of those on that committee will be available for you with phone numbers included in the event that you have questions or need support.
- Committee members will introduce themselves during the orientation to RIC and will explain their roles for the conference to everyone in attendance.
- Organizations will also have a designated check in time with their own members they have in attendance to give refreshers of RIC Policies.
- Committee members will check in with all organizations during the conference to ensure that support is granted where needed and that policies continue to be followed by each organization for the duration of this conference.
 - In the event that an organization violates these agreed upon policies, a representative of that organization will meet with Committee members to determine what steps need to be taken to address these concerns for present and for future participation in RIC Conferences. Serious violations of these agreed upon policies (as determined by Committee members) may jeopardize that organization’s current and future participation in RIC.

After Conference

- If it is found out that an organization has violated these agreed upon policies after the conference has been completed, representatives of that organizations will be required to participate in a phone conference with Committee members to determine what steps need to be taken to address these concerns for future participation in RIC conferences.
- RIC is a learning conference that will be piloting various policies and structures to create a safe space for all participants. In order to make sure that this structure continues to become better for future RIC conferences, we require all organizations to submit a positives and deltas form specifically regarding these policies and structures. Everyone has valuable input and we believe that having the input from such a diverse group of participants will only make RIC stronger and quite possible a lead model for other conferences around the country.

Online Registration Due with Payment

- (1) Fill out this registration form: <https://www.surveymonkey.com/s/BZBHZTY>
- (2) Submit payment for the conference online at www.rootedincommunity.org
 - Payment must be received with registration packet.
 - Registration fees CANNOT be paid at the conference.
 - If you cannot pay online, please make any paper checks payable to **Earth Island Institute** with “2011 Rooted in Community Conference” on the memo line to:
Earth Island Institute
Attn: RIC Conference Registration
2150 Allston Way, Suite 460
Berkeley, CA 94704

Conference Fees (please note **deadlines**):

<i>Early Registration</i>	<i>May 20, 2011</i>	<i>Youth: \$155</i>	<i>Adult: \$205</i>
<i>Regular Registration</i>	<i>June 17, 2011</i>	<i>Youth: \$205</i>	<i>Adult: \$255</i>
<i>Late Registration</i>	<i>July 15, 2011</i>	<i>Youth: \$255</i>	<i>Adult: \$305</i>

Rates include a discount/scholarship for all participants. No additional discounts are available. Fees include housing, food and conference activities for five days and four nights. Local youth are expected to participate and pay in full. Please see RIC website for fundraising ideas from youth across the country: Some ideas include hosting a benefit dinner, running a car wash, asking teachers and adults to be sponsors.

Youth-Led Workshop Proposal

The RIC Conference focuses on sharing our passion, knowledge and skills through youth-run workshops. The theme for this year's conference is "Rooted in the Movement." Each day will build upon this theme in a progression from education, to activation, to change and will culminate in a day of action focused on presenting a Youth Food Bill of Rights.

In an effort to build this unifying theme throughout the conference we are asking that workshops proposals are submitted with the following topics in mind:

Day 2: Educate

- **What are food injustices?**
 - Effective workshops will focus on current food injustices that exist in our communities, illuminate the roots of these injustices and examine potential solutions.
 - Workshop Title Examples:
 - *Operation Food-Desert Storm: Food deserts in Philadelphia, why do they exist?*
 - *You say To-ma-toe, I say fare wages!" -The story of Immokalee workers struggle for food justice.*
 - *Look to your right, Look to your left: Why the CCD predicts 50% of African American youth born today will be diagnosed with diabetes*
- **History of Community Organizing:**
 - Effective workshops will teach the basics of community organizing while telling the stories of how past communities have organized to make change to fight for justice.
 - Workshop Title Examples: *Food as Change: From Gandhi to Coalition of Immokalee Workers*
- **Other:**
 - Effective workshops will maintain the theme of education and help provide a foundation of movement building skills and/or a food systems education.

Day 3: Activate

- **Media and Art: Expressing Your Voice**
 - Effective workshops will teach participating how to express their voice through media and art. These skill building workshops that will create tangible ways for youth present during the following Day of Action.
 - Examples: Protest Puppetry, Theater of the Oppressed, Spoken Word, Social Media, Music, Getting Your Message out to the Media, Public Speaking, etc.

Is your group interested in leading a workshop?

- (1) **Submit the topic and a brief description of your workshop on the registration form. Receive a lesson plan template from the RIC Curriculum Committee on June 1, 2011.**
- (2) **Submit your lesson plan for your workshop on July 11, 2011.**

Rooted in Community

2011 National Conference

July 27th - July 31st, 2011

Philadelphia, PA

Registration Packet Checklist

Due June 17, 2011

Scan and email to RICPHILLY2011@gmail.com

Each youth and chaperone must sign and submit every form.

- Signed Code of Conduct
- Signed Medical and Liability Waiver
- Signed Photo Release Form
- Email picture of your youth and/or organization for opening slideshow

Due June 24, 2011

- Be available for a supervisor conference call. Date: Friday June, 24th 2:30-3:30

Due July 11, 2011

- Optional: Lesson plan for Workshop (template will be provided by June 1, 2011)

Due July 27, 2011 (Bring with you)

- Soil from your youth farm or garden
- Informational/promotional materials highlighting your organization to be used on the first night explaining the work you do back home! Think Science Fair. How will you rep your group to other youth if you only have a few minutes and a small table?
- ENERGY, PASSION, OPEN MIND! !
- Optional: Bring T-shirts from your group to sell or trade at RIC.

Rooted in Community

2011 National Conference

July 27th – July 31st, 2011

Philadelphia, PA



CONFERENCE CODE OF CONDUCT

Please have each youth and chaperone sign and return a copy of this Code of Conduct by June 17, 2011.

The following are the policies put in place for participants in the
2011 Rooted in Community National Conference.

RIC Policy Procedures (Attached) illustrates detailed instruction regarding the following:

- The conference is an alcohol-free and drug-free event. Possession or use of alcoholic beverages or illegal drugs is prohibited. This includes the grounds and streets surrounding the conference site. In addition, a group with a participant exhibiting public intoxication must leave the conference.
- Possession of sexually explicit materials is prohibited. In addition, public access computers at the conference site may not be used to download, create, receive, forward, or transmit inappropriate, offensive, or sexually explicit communications.
- Smoking or using other tobacco products is prohibited in all buildings, meeting rooms, and guest's rooms. Smoking is permitted in designated outdoor areas only.
- Fireworks are prohibited.
- Lighting of candles or incense is prohibited in all buildings, meeting rooms, and guest rooms.
- No pets or animals are allowed, except for trained guide dogs.
- Shirts and shoes are required inside all buildings at all times.
- Guests must respect personal public property and **follow all additional rules of campus dorms**. Repair costs of damages incurred to property will be billed to the group responsible for such damages.
- There will be no "organized" programs or activities after 10:00 p.m. during the conference. Everyone is asked to be in their own room by 10:00 with a "lights out" curfew at 11:00 pm.
- Vending and selling merchandise is prohibited in public areas and to others outside your own group membership.
- Before or during checkout, each participant or their group must pay for all incidental charges.
- To protect the safety of conference participants, no fraternization is allowed in participant's lodging rooms. Any participant who has a complaint regarding fraternization should contact his or her adult group leader.
- Each participant must submit an up-to-date medical form and emergency contact information. Adult chaperones are responsible for having this information on hand for their designated youth for the duration of the conference.
- Violent behavior or behavior which threatens violence is absolutely prohibited and not tolerated under any circumstances.
- Adult chaperones are responsible for reporting any incidents involving their youth to Committee members.



Adult chaperones and group leaders are responsible for enforcing the rules as stated. Individuals who violate this code may be asked to talk with the conference planning committee and their organization may be subject to a strike. If three strikes are accumulated by any organization they will not be permitted to participate in the conference for at least one year. With regard to violence or the threat of violence, any conference participant, youth or adult, posing any physical threat to any other conference participant will be immediately dismissed from the conference. In alignment with many of the participating organizations' code of conduct, there will be no tolerance for any physical threat that compromises the safety of conference participants. These rules are not subject to interpretation and each group is expected to follow them without exception. Our primary consideration is to provide a safe, secure environment for all our conference participants.

I have read and understand the above Code of Conduct and will inform all group participants of its contents.

Signature

Date

Rooted in Community

2011 National Conference

July 27th - July 31st, 2011

Philadelphia, PA



Liability and Medical Release Form

Please have each youth and chaperone sign and return a copy of this Liability and Medical Release Form by June 17, 2011.

I hereby give approval for _____ (Youth Name) to participate in all activities associated with the RIC National Conference, including a conference in Philadelphia, July 27th - July 31st, 2011. I assume all risks and hazards related to participation in the program, including transportation.

In the event, _____ (Youth Name), a minor, becomes ill or sustains an injury while in attendance at the Rooted In Community National Conference; I give my permission to administer first aid to my child. If I, (the parent or legal guardian), cannot be contacted immediately in the event of an emergency, I authorize the adult supervisors and RIC staff and volunteers to consent to emergency hospital care for my child. Should any illness or accident occur to him or her, I will not hold liable the representatives of the Rooted In Community staff and volunteers, The Urban Nutrition Initiative staff and volunteers, University of Pennsylvania staff and volunteers, School District of Philadelphia staff and volunteers, Philadelphia based RIC partnering organizations or my child's sponsoring organization staff and volunteers. I assume full responsibility for all related medical costs.

Youth's Name: _____ Date of Birth: _____

Social Security Number (Optional-Recommended): _____

Youth's Address: _____

City/Country/Zip: _____

Parent or Legal Guardian's Name: _____

Phone Number: Day _____ Eve _____ Cell _____

Health Insurance Company: _____ Policy Number: _____

Any special health concerns, allergies to medication etc.? _____

Please list any medication the student is currently taking. _____

In case of an emergency if I cannot be reached, please notify:

Name: _____ Relationship: _____

Phone Number: Day _____ Eve _____ Cell _____

Name: _____ Relationship: _____

Phone Number: Day _____ Eve _____ Cell _____

Signature of Parent or Guardian

Date

Rooted in Community
2011 National Conference
July 27th – July 31st, 2011
Philadelphia, PA



Photo Release Form

Please have each youth and chaperone sign and return a copy of this Photo Release Form by June 17, 2011.

During the course of the RIC 2011 National Conference, July 27th – July 31st, 2011, photographic and video images of participants are often taken by staff, youth and others. These are sometimes then used in non-commercial materials to tell the story of the program, or to make reports to funders, etc. This form gives you (youth of legal age) or adult parents or guardians the option to give or deny permission to use those photos for non-commercial purposes, as outlined below.

Yes, I give the Rooted In Community staff and volunteers, The Urban Nutrition Initiative staff and volunteers, University of Pennsylvania staff and volunteers, School District of Philadelphia staff and volunteers, Philadelphia-based RIC partnering organizations and my child's sponsoring organization staff and volunteers the right to copyright and/or publish, reproduce, or otherwise use my child's name, voice, and likeness and/or written material, photographs, and audiovisual recordings about or by my child for instruction, art advertising, program website, publications or brochures, or any other lawful purpose. I hereby agree to relinquish all rights, title and interest I may have in the finished product and waive all rights to any compensation thereof.

No, I would prefer that my/my child's image not be used.

Youth's Name: _____

Youth's Address: _____

City/Country/Zip: _____

Parent or Legal Guardian's Name: _____

Phone Number: Day _____ Eve _____ Cell _____

Signature of Parent/Guardian or Youth Over 18 Years Old

Date

Rooted in Community

2011 National Conference

July 27th – July 31st, 2011

Philadelphia, PA

Travel Information

The conference officially begins Wednesday, July 27th at 6:00 pm at the University of Pennsylvania and ends Sunday, July 31st at noon.

Please try to be present for the entire conference.

We are staying at the Sansom Place West Dorms at the University of Pennsylvania <http://www.business-services.upenn.edu/housing/residences/sansom.html> The address is 3650 Chestnut Street Philadelphia PA 19104. Please check-in at Sansom Place West upon arrival. Check-in begins at 2pm on July 27, 2011.

For comprehensive directions by car, plane or public transportation and parking information, please visit: www.admissionsug.upenn.edu/visiting/directions.php

For parking, please let the Philly host committee know you will be driving. Additional parking options may be available closer to the date of the conference.



Engage. Educate. Empower.

**URBAN NUTRITION
INITIATIVE**

Packing List

The following is a list of recommended items. Keep in mind that Philadelphia has sporadic weather – it can be warm one minute and cold and rainy the next. Bring layers!!

Clothing:

- Shorts: 2 Pairs (1 for outside work and 1 for workshops/less physical stuff)
- Pants: 2-3 Pairs (1 for working and 1 for evening activities)
- T-Shirts: 2-3 short sleeve and 2 long-sleeve (1 for sun cover)
- Shoes: At least one good pair for walking and working outside, we're also going to the beach so sandals may be appropriate.
- Warm Layers: Jacket and/or sweatshirt for cool nights
- Pajamas
- Socks: 3-4 pairs
- Underwear
- Swim Suit
- Hat (for sun protection) Rain Jacket (though we will wish for sunny days, we can't make any promises)

Personal Items:

- Toiletries (including shampoo, soap, tooth paste, tooth brush and hair brush)
- Sunscreen
- Medication
- Water Bottle (REQUIRED)

Additional Items (optional):

- Journal
- Reading Book
- Workshop Materials
- Camera with cord (so we can get copies for our slideshow)
- Soil from your youth farm or garden (REQUIRED IF YOU HAVE A GARDEN)
- Informational/promotional materials highlighting your organization to be used on the first night explaining the work you do back home! Think Science Fair. How will you rep your group to other youth if you only have a few minutes and a small table? (REQUIRED)
- Bring T-shirts from your group to sell or trade at RIC.

Items to Consider Leaving at Home: Anything Valuable (i.e. electronics, IPOD, jewelry)