

You're invited to the

12th annual



youth conference!!!

July 21 - 25, 2010

in and around Durham, NC

Rooted in Community (RIC) is a national grassroots network that empowers young people to take leadership in their own communities.

please root into the network!

<https://lists.riseup.net/www/info/ric>

www.rootedincommunity.org

Introduction to the Rooted in Community National Network

The Rooted In Community National Network (RIC) is a national grassroots network that empowers young people to take leadership in their own communities. We are a diverse movement of youth and adults working together and committed to fostering healthy communities and food justice through urban and rural agriculture, community gardening, food security, and related environmental justice work.

RIC has evolved into a network of groups seeking (1) to increase their knowledge and skills for doing this work; (2) to increase public awareness of this work and (3) most importantly, to foster and promote leadership in young people working in their own communities.

Over 75 organizations from around the U.S. have participated in the RIC national network since its founding in 1998. RIC has strengthened the leadership skills of hundreds of youth and adult community organizers by co-sponsoring intensive national trainings, action days, and networking opportunities.

About the 2010 RIC Conference

This year's conference will be held in and around Durham, NC. North Carolina is known for its agriculture, and we'll highlight the grassroots, community approach to the food system that's growing like kudzu throughout the region. Through the creative collaboration of adult and youth leaders from SEEDS Educational Garden, The Stone House, Anathoth Community Garden, and Wayne Food Initiative this year's conference will be packed with a diversity of rich activity. Get ready—it's going to be hot in July.

Look forward to:

- **field trips** to local youth gardens and food security projects
- youth-led **workshops**
- **art and activism**
- staying in **dorms** at North Carolina Central University, the nation's first Historically Black Public Liberal Arts University
- **growth, inspiration, and fun!!!**

We invite your dedicated youth and a supervisor to contribute their energy to the experience. We hope your group can offer an empowering workshop to share with our peer network. Feel free to bring program materials to share too!

Conference Fees (please note **deadlines**)**

Early Registration: June 10, 2010 Youth: \$150 Adult: \$200

Regular Registration: June 30, 2010 Youth: \$200 Adult: \$250

Late Registration: July 10, 2010 Youth: \$250 Adult: \$300

**Rates include a discount/scholarship for all participants. No additional discounts are available. Fees include housing, food and conference activities. Local youth are expected to participate and pay in full.

Payment must be received with registration. Registration fees CANNOT be paid at the conference.

✍ Please make checks payable to **Earth Island Institute**, with "2009 Rooted in Community Conference" on the memo line.

~Tentative RIC 2010 Schedule~

WED. 21 st	THURS 22 nd	FRI. 23 rd	SAT. 24 th	SUN. 25 th
XXXXXX	8-9 am Breakfast	8-9 am Breakfast	7-8 am Breakfast	8-9 am Breakfast
XXXXX	9 am Board buses for field trip sites 10 am – 12 pm – Activities at various sites (wear clothes that can get dirty!)	9-10:30 and 10:30-12:00 Youth led workshop sessions at NCCU - multiple options in each block of time	8 am Board Buses for Goldsboro (wear clothes that can get dirty!) 10-12:30 Field trips to Wayne Food Initiative sites	9:00 – 12:00 pm Closing activity 12:00 pm hugging and crying – saying good bye
XXXXXX	12-1:30 pm lunch at Stone House	12-1:00 pm lunch	12:30-1:30 pm lunch	XXXXXX
2:00-6:00 Afternoon arrival & registration	1:30 pm – 2:30 pm -travel to Greensboro 2:30 – 5:00 pm Field trips to farms, gardens, and community orgs in Greensboro 5:00-6:00 pm Board Buses for Durham	1-3:00 pm Field trips to various garden sites around Durham (wear clothes that can get dirty and bring a bathing suit) 3:00-4:00 pm Freetime/Hangout at a Durham park -basketball, swimming pool, soccer, etc. 4:00-5:00 pm Intentional check-in with home group	1:30-2:30 Travel to Raleigh 2:30-4:00 Guest speaker 4:00-5:00 Travel back to Durham	XXXXXX

	6:00-7:00 pm Dinner	5:30-6:30 pm Youth/Adult Breakout Session	5:00-6:00 pm “What is RIC?” conversation	XXXXXX
6:30-7:30 dinner at NCCU	7:00-8:00 pm Intentional check-in with home group	6:30-7:30 pm Dinner	6:00-6:30 pm Free time/clean up time	XXXXXX
			6:30-7:30 pm Dinner	XXXXXX
7:45-10:00 pm Introduction to hosts, ground rules, and icebreakers 10:00 pm Adult breakout session – at least 1 adult from each group should participate	8:00-10:00 pm Evening Workshops: Creative Self-expression - Movement - performance poetry - music - art - and more!!!	8:00-10:00 pm Movie night/guest speakers	8:00-11:00 pm Party! – youth open mic, dance party, fun!	XXXXXX

REGISTRATION PACKET CHECK-LIST

Due with payment by June 10th for early registration, June 30th for regular registration, and July 10th for late registration:

- Registration Form
- Organization Information Form
- Signed Code of Conduct (one for each group member including the chaperone)

Due June 29th:

- Workshop Proposal Form (all groups encouraged to send one!)
- Recipes for dishes your group would like to eat during the conference (we can't guarantee all recipes will be used, but we will try our best)
- Preferences for cooking or cleaning slot for each group member (every group member will be assigned one cooking or cleaning slot during the conference)
- Signed Medical and Liability Waiver (signed and completed by each participant/guardian)
- Signed Photo Release Form (signed and completed by each participant/ guardian)

Rooted in Community--2010 National Conference
July 21st – 25th, 2010
Durham, North Carolina
REGISTRATION FORM

Name of Organization:					
Mailing Address:					
E-mail address:					
Telephone number:			Fax:		
<i>You may register 1 adult for every 3 youth per organization (currently no limit to the number of youth, but the 3:1 ratio must be maintained)</i>					
Names of adult advisors:					
1.		2.			
Names and Ages of young leaders (if you don't know names yet, you can indicate numbers for now and send names later— BUT PLEASE SEND THEM ASAP!! Your planning committee and registration folks will love you.):					
1:		4.			
2.		5.			
3.		6.			
Dietary allergies or restrictions:					
What would your group be excited to eat during the conference? (feel free to attach recipes)					
What songs would your group be excited to hear at the dance party? We'll do our best to include them.					
Will you need a parking pass?					
T-shirts (1/person, specify number of each size):					
	S	M	L	XL	XLL
CONFERENCE FEES AND REGISTRATION PROCESS (please note deadlines)**					
<i>Early Registration: June 10, 2010 Youth: \$150 Adult: \$200</i>					
<i>Regular Registration: June 30, 2010 Youth: \$200 Adult: \$250</i>					
<i>Late Registration: July 10, 2010 Youth: \$250 Adult: \$300</i>					
**Rates include a discount/scholarship for all participants. No additional discounts are available. Fees include housing, food and conference activities.					
<i>Payment must be received with registration. Registration fees CANNOT be paid at the conference.</i>					
<input checked="" type="checkbox"/> Please make checks payable to Earth Island Institute , with "2010 Rooted in Community Conference" on the memo line.					
Also, please complete, sign and return the RIC Code of Conduct form, medical and liability waiver, photo release, and Organization Information Form with your registration packet (Word files on RIC Conference registration page).					
Please send your registration, payment and signed Code of Conduct to the following address: RIC c/o Hank Herrera 840 55 th Street #5 Oakland, CA 94608 FAX: 510-735-9849 EMAIL: hank@c-prep.org					
If you would like to propose a conference workshop, please complete the workshop application form (Word file on RIC Conference registration page).					

ORGANIZATION INFORMATION FORM

Organization Name:

Contact person:

Address:

Other contact information (phone and email):

Can we add you to the RIC website/RIC listserv?

1. What is your organization's Mission?

2. Please describe your main youth/food programs:

3. How many youth do you hire? What age are these youth?

4. How many hours/week do your youth work?

5. Do you pay youth or give other incentives? Please describe.

6. How are you annually funded?

7. What challenges have you faced in programming and youth development?

8. How do you envision your participation in RIC? What would you like gain from joining the national network? What do you feel your organization can offer the network?



Rooted in Community Conference
July 21 – 25, 2010
North Carolina

CODE OF CONDUCT

Please take a look at the RIC Policy Procedures (Attached) for detailed instruction regarding the following:

- The conference is an alcohol-free and drug-free event. Possession or use of alcoholic beverages or illegal drugs is prohibited. This includes the grounds and streets surrounding the conference site. In addition, a group with a participant exhibiting public intoxication must leave the conference.
- Possession of sexually explicit materials is prohibited. In addition, public access computers at the conference site may not be used to download, create, receive, forward, or transmit inappropriate, offensive, or sexually explicit communications.
- Smoking or using other tobacco products is prohibited in all buildings, meeting rooms, and guest's rooms. Smoking is permitted in designated outdoor areas only.
- Fireworks are prohibited.
- Lighting of candles or incense is prohibited in all buildings, meeting rooms, and guest rooms.
- No pets or animals are allowed, except for trained guide dogs.
- Shirts and shoes are required inside all buildings at all times.
- Guests must respect personal public property and **follow all additional rules of campus dorms**. Repair costs of damages incurred to property will be billed to the group responsible for such damages.
- There will be no "organized" programs or activities after 10:00 p.m. during the conference. Everyone is asked to be in their own room by 10:00 pm and to refrain from making noises that will disrupt others. The conference curfew is 11:00 pm., which means each person needs to be in their own room and on their way to bed.
- Vending and selling merchandise is prohibited in public areas and to others outside your own group membership.
- Before or during checkout, each participant or his/her group must pay for all incidental charges.
- To protect the safety of conference participants, no fraternization is allowed in participant's lodging rooms. Any participant who has a complaint regarding fraternization should contact his or her adult group leader.
- Each participant must submit an up-to-date medical form and emergency contact information. Adult chaperones are responsible for having this information on hand for their designated youth for the duration of the conference.
- Violent behavior or behavior which threatens violence is absolutely prohibited and not tolerated under any circumstances.
- Adult chaperones are responsible for reporting any incidents involving their youth to Committee members.

Adult chaperones and group leaders are responsible for going over the rules before leaving their home state and enforcing the rules as stated. Individuals who violate this code may be asked to talk with the conference planning committee and their organization may be subject to a strike. If three strikes are accumulated by any organization they will not be permitted to participate in the conference for at least one year. With regard to violence or the threat of violence, any conference participant, youth or adult, posing any physical threat to any other conference participant will be immediately dismissed from the conference. In alignment with many of the participating organizations' code of conduct, there will be no tolerance for any physical threat that compromises the safety of conference participants. These rules are not subject to interpretation and each group is expected to follow them without exception. Our primary consideration is to provide a safe, secure environment for all our conference participants.

I have read and understand the above Code of Conduct and will inform all group participants of its contents.

Signature

Date

Please have each youth and adult sign and return a copy of this Code of Conduct with your completed registration forms.

Rooted in Community
2009 National Conference
July 21st –25th, 2010
North Carolina

Code of Conduct Procedures

Goal: To create a safe space where participants will be able to participate and share themselves fully in the hopes of creating lasting positive social change in the food systems movement.

Before Conference

- Organizations will receive this registration packet, which outlines the guidelines everyone is expected to follow during RIC. Contracts must be signed and submitted before the beginning of the conference. You may bring these documents with you when you arrive, but we encourage you to fill and mail/fax these documents as soon as possible – this helps our staff make sure everyone's paperwork is in order.
- Staff and supervisors representing youth from each organization (at least one) will be required to participate in a conference call outlining and explaining the guidelines in full that everyone will be expected to follow during RIC – approximately 1 hour. There will also be a half hour allotment of time to ask questions or voice concerns from participants for those who wish to do so. If changes are to be made for any of these Conference Policies, the RIC planning council will do so after the conference call and follow up with email to update everyone on new changes prior to attending RIC. This conference call is scheduled for **Wednesday, June 23rd from 2:30-3:30 pm EST**. We will send information about the call-in number as the date approaches.

During Conference

- Please see attached document for the list of the guidelines that everyone is expected to follow during RIC.
- There will be a designated Committee of youth and adults that will ensure that these policies are followed for the duration of this conference. In your welcome packet that you will receive when you check in, a list of those on that committee will be available for you with phone numbers included in the event that you have questions or need support.
- Committee members will introduce themselves during the orientation to RIC and will explain their roles for the conference to everyone in attendance.
- Organizations will also have a designated check in time with their own members they have in attendance to give refreshers of RIC Policies and to ensure their own during each day.
- Committee members will check in with all organizations during the conference to ensure that support is granted where needed and that policies continue to be followed by each organization for the duration of this conference.
 - In the event that an organization violates these agreed upon policies, a representative of that organization will meet with Committee members to determine what steps need to be taken to address these concerns for present and for future participation in RIC Conferences. Serious violations of these agreed upon policies (as determined by Committee members) may jeopardize that organization's current and future participation in RIC.

After Conference

- If it is found out that an organization has violated these agreed upon policies after the conference has been completed, representatives of that organizations will be required to participate in a phone conference with Committee members to determine what steps need to be taken to address these concerns for future participation in RIC conferences.
- RIC is a fairly new conference that will be piloting various policies and structures to create a safe space for all participants. In order to make sure that this structure continues to become better for future RIC conferences, we require all organizations to submit a positives and deltas form specifically regarding these policies and structures. Everyone has valuable input and we believe that having the input from such a diverse group of participants will only make RIC stronger and quite possible a lead model for other conferences around the country.

Rooted in Community Conference

July 21st – 25th, 2010

North Carolina

WORKSHOP PROPOSAL

The RIC Conference focuses on sharing our passion, knowledge and skills. Our goal is to provide guidance and inspiration to communities working to build local food system self-reliance. Here are some suggested topics:

Nutrition/Health/Healing

Community Food Security/ Sustainable Food Systems

Food and Culture

Gardening Methods

Environmental Justice

Food Politics/Industrialization

Community Organizing

Leadership Training

Youth Enterprise Projects

Inspiring others to action and social change

Activities that *we* can do to bring local fresh, nutritious and affordable food into our neighborhoods, towns and villages.

Please keep in mind that the workshops should be...

**YOUTH-LED
HANDS-ON**

**ENGAGING
EMPOWERING**

**CREATIVE
FUN!**

Plan your workshop to be **75 minutes** in length and try to incorporate hands-on- aspect or other sensory involvement (i.e. movement, writing)

Workshop proposals are due emailed (preferably) to kavanah@seedsnc.org or postmarked to

Kavanah Ramsier

SEEDS Educational Garden

706 Gilbert St

Durham, North Carolina 27701

by Monday, June 29, 2010

Title of Workshop:

Workshop Category:

Description (what will you do? what will people learn?):

Presenters: (Names and Ages)

Materials needed for your presentation

Please try to keep presentations as low-tech as possible.

Easel
Flipcharts
Markers
Overhead projector
Power Point projector
Other _____

How much space does this workshop require?

How many people can your workshop accommodate?

Presenter Bios:

Please use this space to tell us about your presenters. Attach an additional page if necessary.

PRESENTER NAME:
BRIEF BIO SKETCH

PRESENTER NAME:
BRIEF BIO SKETCH

PRESENTER NAME:
BRIEF BIO SKETCH



Rooted in Community

Liability and Medical Release From Rooted In Community National Conference, July 2010

I hereby give approval for _____ (Youth Name) to participate in all activities associated with the RIC National Conference, including a conference in North Carolina (July 21 – 25, 2010). I assume all risks and hazards related to participation in the program, including transportation.

In the event, _____ (Youth Name), a minor, becomes ill or sustains an injury while in attendance at the Rooted In Community National Conference; I give my permission to administer first aid to my child. If I, (the parent or legal guardian), cannot be contacted immediately in the event of an emergency, I authorize the adult supervisors and RIC staff and volunteers to consent to emergency hospital care for my child. Should any illness or accident occur to him or her, I will not hold liable the representatives of the Rooted In Community staff and volunteers, Cultivating Community staff and volunteers, Local Sprouts Cooperative staff and volunteers, Lots to Gardens / St. Mary's Health System staff and volunteers, The Food Project staff and volunteers or my child's sponsoring organization staff and volunteers. I assume full responsibility for all related medical costs.

Youth's Name: _____ Date of Birth: _____

Social Security Number (Optional-Recommended): _____

Youth's Address: _____

City/Country/Zip: _____

Parent or Legal Guardian's Name: _____

Phone Number: Day _____ Eve _____ Cell _____

Health Insurance Company: _____ Policy Number: _____

Any special health concerns, allergies to medication etc.? _____

Please list any medication the student is currently taking. _____

In case of an emergency if I cannot be reached, please notify:

Name: _____ Relationship: _____

Phone Number: Day _____ Eve _____ Cell _____

Name: _____ Relationship: _____

Phone Number: Day _____ Eve _____ Cell _____

Signature of Parent or Guardian

Date



Rooted in Community

Photo Release Form Rooted In Community National Conference July 2010

During the course of the RIC 2010 National Conference, July 21 – 25, 2010, photographic and video images of participants are often taken by staff, youth and others. These are sometimes then used in non-commercial materials to tell the story of the program, or to make reports to funders, etc. This form gives you (youth of legal age) or adult parents or guardians the option to give or deny permission to use those photos for non-commercial purposes, as outlined below.

____ Yes, I give the Rooted In Community staff and volunteers, Cultivating Community staff and volunteers, Local Sprouts Cooperative staff and volunteers, Lots to Gardens / St. Mary's Health System staff and volunteers, and The Food Project staff and volunteers the right to copyright and/or publish, reproduce, or otherwise use my child's name, voice, and likeness and/or written material, photographs, and audiovisual recordings about or by my child for instruction, art advertising, program website, publications or brochures, or any other lawful purpose. I hereby agree to relinquish all rights, title and interest I may have in the finished product and waive all rights to any compensation thereof.

____ No, I would prefer that my/my child's image not be used.

Youth's Name: _____

Youth's Address: _____

City/Country/Zip: _____

Parent or Legal Guardian's Name: _____

Phone Number: Day _____ Eve _____ Cell _____

Signature of Parent/Guardian or Youth Over 18 Years Old

Date

TRAVEL INFORMATION

Rooted in Community 2010

The conference officially begins Wednesday, July 21st at 6:00 pm at North Carolina Central University and ends Sunday, July 25th at noon. Please try to be present for the entire conference.

1. Travel by car(pool) or van:

North Carolina Central University requires parking passes for anyone who parks on campus. You will need to let us know ahead of time if you are driving so that we may have a pass ready for when you arrive at Registration.

Direction from I-40 (Coming from the North or South):

- Take exit **276** for **Fayetteville Rd**
- On Fayetteville, turn away from Southpoint Mall toward Durham. (If you are **coming from the West** this will mean turning left on Fayetteville)(If you are **coming from the East** this will mean turning right on Fayetteville)
- Proceed about a mile where there is a slight **left** at **Fayetteville Rd.**
- Proceed approximately 5.7 mile on Fayetteville Rd.
- Your Destination is **Ruffin Residential Hall**. It is located on the Corner of Lawson and Fayetteville.
- Make a Left on Lawson, and then make your first Left on Concord. This should place you directly behind NCCU's Ruffin Residential Hall.

Directions from I-85 (Coming from the North)

1. Take exit **51** to merge onto **I-85 S/US-460 W** toward **Durham/Atlanta**
2. Continue to follow I-85 S Entering North Carolina 125 mi
3. Take exit **177** for **N Carolina 55/Avondale Dr** toward **US-15 /501**
4. Turn left at Avondale Dr
5. Slight **right** at **N Alston Ave**
6. Turn **right** at **E Lawson St**
7. Cross over **Fayetteville Rd** and make your first left on Concord. This should place you directly behind NCCU's Ruffin Residential Hall.

2. Travel by Amtrak (train).

The Amtrak costs vary from location to location, so please check www.amtrak.com for more info on whether the train is an affordable option for you. The Amtrak comes in and out of Durham, North Carolina. From the Durham Amtrak station you can take public transit to NCCU (Ruffin residential Hall). The Amtrak Durham train station is located on Chapel Hill Street.

Bus Directions to NCCU from the Amtrak Station.

1. Walk 88 feet east to Durham Station. Bus fare is \$2.00 per person.
2. Get on the #5 - DATA - Fayetteville St & South Square DATA - 0h 9m

3. Get off Fayetteville St at Lawson St (NCCU Campus)
4. Your Destination is **Ruffin Residential Hall**. It is located on the Corner of Lawson and Fayetteville on NCCU campus.

3. Greyhound Bus Travel

The Greyhound costs vary from location to location, so please check www.greyhound.com for more info on whether the Greyhound is an affordable option for you. There is a Greyhound Station that stops in Durham, NC. To get from the Greyhound Station to NCCU you will need to take a DATA bus.

Bus Directions to NCCU from Greyhound

1. Walk 167 feet southeast to the Bus station. Bus fare is \$2.00..
2. Get on the #5 - DATA - Fayetteville St & South Square DATA - 0h 9m
3. Get off Fayetteville St at Lawson St (NCCU Campus)
4. Your Destination is **Ruffin Residential Hall**. It is located on the Corner of Lawson and Fayetteville on NCCU campus.

4. Bus Travel from the Airport

The Conference is in close proximity to Raleigh-Durham Airport (RDU).

If Your Flight Arrives at Terminal 1:

Once you collect your baggage, head outside to the curb and follow the signs to the Triangle Transit Regional Bus Stop between Zone 7 and Zone 8 on the Ground Transportation drop-off/pickup traffic island (see picture below). The stop is less than a 2-3 minute walk from the baggage claim area. A Triangle Transit information tube with schedules and maps is provided for your convenience.

If Your Flight Arrives at Terminal 2:

Once you collect your baggage, head outside to the commercial pickup curb. The stop is located in between zone 14 (rental car shuttles) & zone 15 (hotel shuttles). A Triangle Transit information tube with schedules and maps is provided for your convenience.

Bus Directions to NCCU From Terminal

1. From RDU airport; exit terminal and walk (0.01 miles) to RDU airport bus stop for the 747 Bus.
2. Get on the 747 bus- Triangle transit, RDU airport shuttle, fare \$2.00 per person. This shuttle will take you to the Regional transit center (RTC). Travel time: 9 minutes.
3. Get off at the Regional transit center (RTC) and transfer/get on to the 402 bus – Triangle Transit-RTP/Durham Chapel Hill. Travel time: 20m.

4. Get off the bus immediately after you cross Fayetteville while you are on Lawson St at Concord st.
5. Walk 0.17 miles. To (Benjamin S) Ruffin Residence Hall (NCCU).

Unfortunately, the Triangle Transit airport shuttle does not operate on Sundays. Depending on your flight time, we may be able to help with transportation back to the airport, or taxi information is below.

5. Taxi Travel from the Airport

Meter Rates

Meter rates are charged for trips within the taxi service area of Durham. Fares outside the service area may be charged at the meter rate or negotiated between the customer and driver.

\$3.50 Drop Charge (includes \$1.00 fuel charge)

\$.65 for each additional 1/3th or fraction

\$.50 for each piece of luggage over 3 (three pieces per person)

\$4.45 for first mile

\$1.95 each additional mile

Up to 7 people may fit in a SUV shuttle. Please account for luggage space.

Typical one-way fares with estimated mileage from RDU to NCCU are 14 miles: \$30.00

PACKING LIST

The following is a list of recommended items. Keep in mind that North Carolina in July will be hot – but it is a good idea to wear lightweight long pants to protect against ticks and mosquitoes.

Clothing:

- ___ Shorts: 2-3 Pairs (1 for outside work and 1 for workshops/less physical stuff)
- ___ Pants: 2 Pairs (1 for working and 1 for evening activities)
- ___ T-Shirts: 2-3 short sleeve and 2 long-sleeve (1 for sun cover)
- ___ Shoes: At least one good pair of close-toed shoes for walking and working outside
- ___ sweatshirt in the rare case it cools off at night (or if the a.c. is high in the dorms)
- ___ Pajamas
- ___ Swim Suit
- ___ Socks: 4-5 pairs
- ___ Hat (for sun protection)
- ___ Underwear
- ___ Rain Jacket (though we will wish for sunny days, we can't make any promises)

Personal Items:

- ___ Toiletries (including shampoo, soap, tooth paste, tooth brush and hair brush)
- ___ Sunscreen
- ___ Medication

Additional Items (optional):

- ___ Journal
- ___ Workshop Materials
- ___ Reading Book
- ___ Camera with cord (so we can get copies of the photos for our slide show)

Items to consider leaving at home:

- Anything Valuable (i.e. electronics, IPOD, jewelry)